



EmPOWERed Women Presents:

TAKING THE STAGE®

A learning experience designed for Women in Nuclear Canada, in partnership with The Humphrey Group



Taking the Stage® is transformational leadership development experience. designed to empower women to view leadership through the lens of communication. Designed by women, for women, Taking the Stage® addresses the internal and external barriers that hold women back from achieving their potential. It provides a purpose-built space for women to come together to share their stories and to build leadership and communication skills together.

Women in Nuclear is pleased to offer this program in a fully virtual experience, facilitated by our own inspiring women members. As with our in-person learning experience, group sizes are capped at a 12:1 participant to instructor ratio to ensure ample individual feedback and opportunities for social learning. Participants will leave this program with skills they have already had a chance to apply, test, and receive feedback on over the course of the virtual delivery experience.

THIS 4-SESSION LEARNING EXPERIENCE CONSISTS OF

- 4 pre-session digital modules with downloadable tools and job aids
- 4 virtual sessions (2 hours each) facilitated live by an instructor from WiN Canada
- 1-year access to the digital modules and tools after your learning experience ends

THE BENEFITS OF VIRTUAL LEARNING

Distributed learning over time allows you to learn and retain more easily

Time in between sessions provides opportunities for application and practice

Short sessions allow for learning in the flow of work

INSPIRE
EVERY
TIME YOU
SPEAK

LEARNING OUTCOMES

- View every communication as an opportunity to influence
- Craft and communicate a strong leadership identity
- Identify mindsets and habits that undermine you
- Navigate external barriers and systemic challenges
- Deliver clear and inspiring messages
- Use language to your advantage
- Unlock your vocal presence
- Achieve an authentic physical presence
- Capitalize on conversations as leadership opportunities
- Effectively navigate conflict in conversations

OVERVIEW

SESSION 1

- Pre-work module: Embrace a Leadership Identity
- Live session: Putting the 6 principles of a leader's mindset into practice

SESSION 2

- Pre-work module: The Leader's Script and the Language of Leadership
- Live session: Learn how to share your ideas with impact and use language to inspire rather than inform.

SESSION 3

- Pre-work module: Unlocking the Power of Presence
- Live session: Identify your habits and where you can make changes to embody the leadership identity you want

SESSION 4

- Pre-work module: Leading through Conversations and Conflict
- Live session: Learn to seize conversations (even difficult ones) as the leadership opportunity that they are

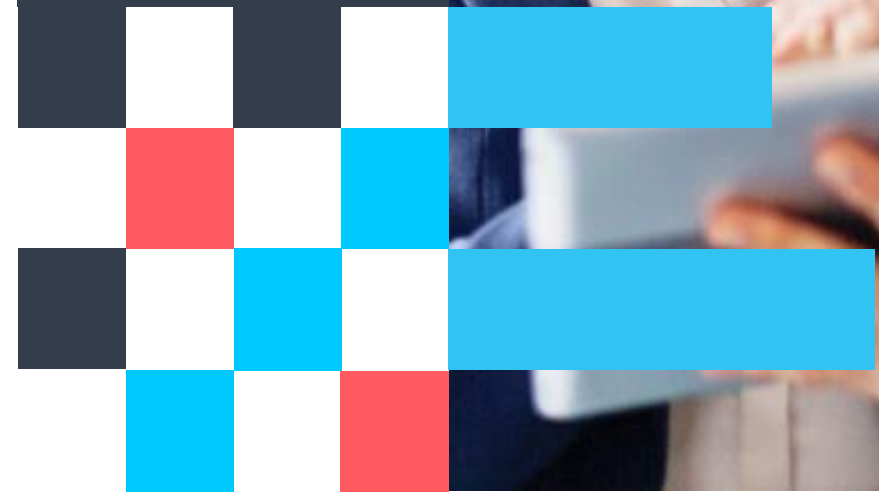


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THE HUMPHREY// GROUP

PRICING

\$700
+ tax



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DETAILED AGENDA

LIVE SESSION 1

- Participants discuss the six principles of a leader's mindset and the challenges that women leaders face today
- Participants identify the convictions that are core to their leadership identity
- Participants work in small groups to identify actions they can take to fully embrace a leadership identity

LIVE SESSION 2

- Participants learn how to use the Leader's Script to create message-driven communications for a variety of different contexts
- Participants are introduced to the five characteristics of an effective message.
- Participants examine their language habits and learn how to use language to their advantage in leadership scenarios

"The EmPOWERed Women program gave me the confidence and skills to communicate more effectively. In turn, it has helped propel my career!"
-former WiN Canada participant

LIVE SESSION 3

- Participants receive feedback on their scripts from their instructor and their peers
- Participants learn to unlock their physical and vocal presence through a variety of small group and individual exercises

LIVE SESSION 4

- Participants explore how difficult conversations and conflict situations can be used as leadership opportunities
- Participants practice using active listening, the Leader's Script, and the DESP technique to better answer questions in the moment
- Participants roleplay responding in the moment using the methodology they have been taught and receive feedback from their instructor and their peers



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